

# 'Ohana Support Services

#### Is Offering Virtual Nurturing Families Parent Support Groups

Groups are open to all Parents/Caregivers throughout the State of Hawaii who are seeking education & support.

## Nurturing as a Way of Life: Embracing Parenthood with Compassion and Growth

Monday, September 9, 2024 6:00 PM - 7:00 PM With Janel

#### Nurturing as a Way of Life: Embracing Parenthood with Compassion and Growth

Wednesday, September 18, 2024 9:00 AM - 10:00 AM With Suzanne

#### Praising Your Keiki: Cultivating Positive Reinforcment and Encouragement

Monday, September 23, 2024 6:00 PM - 7:00 PM With Janel

## **Zoom Information**

Monday Group with Janel https://zoom.us/j/94388581520?pwd=enhHUHNzMUlKMnlrM25UamF3OUl6dz09

Wednesday Group with Suzanne https://zoom.us/j/96521920173?pwd=Lx2zqhpPLsCFeHAUKp6jurtmjdziUI.1



For More Information & Questions,

#### Call 'Ohana Support Services at (808) 681-1438

The groups offered are voluntary and intended for support & enrichment purposes. There is no certification and/or credits offered.

## We're All About Family!

www.childandfamilyservice.org







@CFShawaii