

IN-HOME SERVICES

Intensive In Home Therapy (IIH)

Intensive In Home services provide therapy to help stabilize and preserve the family's capacity to improve the youths' functioning in the current living environment and to prevent the need for placement outside of the home.

- IIH Supports youth 5 - 17
- Requires referral from qualified CAMHD contract/service provider

Intensive Independent Living Skills (IILS)

This service provides an intensive system of supportive therapy and clinical services for youth/young adults with behavioral and emotional challenges to develop a range of skills to prepare for independence.

- IILS supports youth ages 16 - 21
- Requires referral from qualified CAMHD contract/service provider.

Suicide & Crisis Lifeline

Call or
Text



988

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INC.

SINCE 1975

THERAPEUTIC SERVICES

Nurturing
Our Youth





Our **Therapeutic Services** provide compassionate support to youth and families navigating emotional and behavioral challenges. Through intensive, strengths-based approaches, we help young people uncover their unique potential, build essential life skills, and confidently advocate for their needs. At the same time, we guide parents and caregivers with practical strategies to nurture their children's growth and foster deeper family bonds. Together, we create a safe and supportive space where resilience can flourish, communication improves, and families can grow stronger. With care and encouragement, we empower families to navigate challenges and build a brighter future.

Parenting with Purpose

This 6 week program is designed to help parents of children ages 5-18 build confidence, connection and consistency in their parenting approach. Through practical tools, discussion, and reflection, participants learn strategies to manage behavior, communicate effectively, and strengthen family relationships.

JOIN OUR WAITLIST



Substance Treatment & Empowerment Program (STEP Up!)

STEP Up! Supports adolescents and youth with suspected substance use disorders by providing comprehensive assessments and individualized care.

Helps young people develop healthier coping skills and alternatives to substance abuse. Empowering them to make positive choices for their well-being and future.

JOIN OUR WAITLIST



OUT OF HOME SERVICES

Transitional Family Home (TFH)

These placements have highly trained Professional Parents who care for youth and help them reach their identified treatment goals. All youth in Residential Programs are paired with a skilled Hale 'Ōpio therapist to participate in weekly therapy to provide mental health support services.

- TFH supports youth ages 7 - 18
- Requires referral from CAMHD qualified contract/service provider
- Focuses on providing family-based therapy to help strengthen the family unit
- Focuses on building skills youth needs to be independent as they transition into adulthood

Therapeutic Respite Home (TRH)

This home provides short term care and supervision in a supportive environment. The goal of TRH is to allow rest and relief for the youth.

- TRH supports youth ages 3 - 17
- Requires referral from CAMHD qualified contract/service provider

Therapeutic Crisis Home (TCH)

This home provides short-term crisis stabilization interventions in a safe, structured setting for youth with mental health needs. The goal of this program is reunification with caregivers.

- TCH supports youth ages 9 - 18
- Requires referral from CAMHD qualified contract/service provider via Crisis Mobile Outreach (CMO)